





Nile-Addiction Recovery Treatment exists to serve as a guiding light to show women a path to **freedom from life controlling** issues and have their **broken hearts mended**.



Nile-Addiction Recovery Treatment 4185 Lexington Rd, Versailles, KY 40383







## Who We Are

We are a Christ centered nonprofit residential home for women battling substance abuse, including pregnant women, seeking healing from addiction.

### **Welcome Home**

What sets us apart from the other treatment centers? A lot of little things... but when you add them all up it is a feeling. A feeling of belonging, of safety, and of warmth. A place you can call home.

## **Support**

Women seeking rest at the Nile are supported in a journey of new growth: personally and spiritually. Nile-ART offers: medical support, mental health counseling, individual, group, and family therapy, parental training (if applicable) and other core life-skills training.

# Goals

- Trauma Recovery
- Create a Healthy Lifestyle with focus on Body, Soul, and Spirit
- Freedom from Addiction
- Relapse Prevention
- Coping Skills
- Healthy Relationships
- Healing from Adverse Childhood Experiences (ACE)
- Anger Management
- Domestic Violence
- Codependency
- Boundaries
- Parenting
- Sober Living



For a decade the Nile was a maternity home, a haven for expectant women and their children. January 2016 marked the launch of our new expanded program focusing on drug and alcohol client treatment for women including expectant mothers. Our current facility, a 6000 sq. ft. residence, nestled in Versailles, KY, is a State Licensed AODE and BHSO. CARF International has accredited Nile-ART as a Residential Treatment for AOD/MH (Adults)

#### **Contact Information :**

If you know someone who is 18 years or older and may be interested in recovery services, please request an application by phone, website or FAX.

Location : Versailles, Kentucky (Across from the Castle on US 60 just West of Lexington)

Visit : www.nile-art.com Phone : (859) 873-9277 Toll Free: (800) 793-4572 FAX : (859) 873-9280 or (502) 996-8299 email : <u>nile@nile-art.com</u>

